

Presenter:

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2022 Spring Conference

The logo for the North Dakota Occupational Therapy Association (NDOTA) features the letters "NDOTA" in a bold, black, serif font. The letters are contained within a white rectangular box with a thin black border. The background of the entire page is a light blue with abstract, darker blue geometric shapes and lines.

Saturday April 2,
2022

@

Baymont by
Wyndham

2611 Old Red Trail
Mandan ND 58554
701-663-7401

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Occupational Therapy Association

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Kelsey Hoffmann MS, OTR/L: Kelsey is an occupational therapist with Great Kids Therapy in West Fargo. She graduated from the University of North Dakota in 2013. Since graduation, she has worked in a variety of outpatient pediatric settings serving children on the Autism Spectrum. Kelsey has training in Trauma, Sensory Approaches, Reflex Integration, D.I.R., Floortime and Sensory-Based Feeding Strategies.

Megan K. Boucher, M.A, OTR/L: Megan is an early interventionist in Fargo, ND. She serves as Co-VP of Legislation and Practice on NDOTA's board of management, a position she has held since 2019. Megan's special interests include the neurodivergent population, early childhood trauma, and family-based treatment in mental health settings. Megan describes herself as a goofy intellectual who enjoys dinosaurs, tea parties, and rounding out her lists with a third idea.

Sarah Meinhardt, OTR/L : Sarah graduated from the University of Illinois Medical Center in Chicago and has decades of experience in pediatric OT. She has been trained in the SIPT Administration, the trainings of the 8-week NDT and 3-week advanced NDT with infants and toddlers and is a certified Infant Massage Therapy instructor. She has taken several continuing education seminars on a variety of feeding therapy approaches, sensory processing and treatment, oral-motor coordination, Safe and Sound Protocol by Stephen Porges, iLs, DIR and Floortime, Musculo-skeletal evaluation and treatment, gut health, nutrition and diet for children with special needs, anxiety, sleep, Verbal Behavior, MNRI, business management and leadership classes. Work experience includes Early Intervention in Illinois, Early Childhood Special Education in Philadelphia, PA, Fargo Public Schools in Fargo, ND, and private practice in Fargo, and is currently with Great Kids Therapy in West Fargo, ND. For her passion for health and belief in the biophysical value of nutrition, she is a distributor for USANA Health Sciences. She grew up with siblings with high functioning Asperger's (officially diagnosed in his adult life) and Bipolar Mood Disorder and has a heartfelt understanding of the dynamics this plays on family relationships. Through the biochemical impact of chemotherapy for cancer, she experienced firsthand sensory processing ramifications of hypersensitivity, impairment, pain, and hypo-responsiveness. She is married to a super supportive, helpful, loving husband and is a proud parent of 3 incredibly smart, social, and independent adult children.

Objectives:

Keys to creating successful treatment plans for Sensory Processing Disorders

1. Attendees will be able to ascertain how underlying sensory processing difficulties impact the learning, behavior, and social skills of their child.
2. Attendees will be able to assess how environmental/relationship, communication issues, cognitive learning abilities and behaviors influence sensory processing.
3. Attendees will be able to utilize clinical and critical reasoning in interpreting assessment results and selecting therapeutic interventions.
4. Attendees will be able to implement strategies to address reciprocal regulation between the child and caregiver to improve clinical outcomes.
5. Attendees will be able to explain to parents, caregivers, and teachers, their child's differences in sensory processing and the effects related to their child's behavior, learning, and social skills.
6. Attendees will be able to help parents, caregivers, and teachers incorporate therapeutic strategies into daily routines to manage sensory cravings and sensitivities.

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Objectives:

Building skills through relationships: a trauma-informed, attachment-facilitating approach with children with ASD and their families.

1. Distinguish the characteristics of ASD that may affect the child within clinic and natural settings.
2. Recognize forms of trauma on an individual and systems-level basis.
3. Summarize the evidence surrounding childhood trauma and family coping strategies.
4. Identify the main concepts of attachment theory and the dyadic developmental psychotherapy model.
5. Utilize the theoretical bases of attachment and the Early Social Interaction Project to address the social communication and interaction challenges of children with ASD.
6. Develop trauma-informed, relationship-based interventions within treatment settings using given case studies.

Registration:

Fees	NDOTA Member	Non-member
OTR/COTA	\$150	\$225
Student	\$50	\$60
Other Professional		\$225

Registration Information

8:00 AM Registration

8:30 - 4:00 Conference

12:00 - 1:00 Lunch on your own

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

Profession: _____